#### Other Ways Your Can Support Our Work

#### **Cash Donations**

Make a one-time or on-going donation using your Paypal account, debit card, or credit card through our secure website.

#### Volunteering

We rely on the help of volunteers to make our programs happen! University groups, corporate sponsors, and community members are welcome to contact us about volunteer opportunities.

# Corporate Giving & Matches

Do you work for a corporation or large company? Entities like the federal government, tech companies, health care providers, and manufacturers match employee donations to nonprofits. See your HR department for more information.

### Vehicle Donations

Donate your car, boat, or motorcycle! It's easy - just give us a call, and we'll help with the paperwork.



Multnomah–Clackamas

# CONTACT:

The Arc of Multnomah-Clackamas 6929 NE Halsey St. Portland, OR 97213

(503) 223-7279 thearc@thearcmult.org www.thearcmult.org f @theArcMultClackamas

# The Arc of Multnomah -Clackamas

also serving Washington County

#### Mission

Since 1953, The Arc of Multnomah-Clackamas has provided advocacy, support, and services to children and adults experiencing intellectual and developmental disabilities [I/DD] and their families.

# Values and Vision

Our values are those of equal opportunity. We advocate for rights and opportunities for individuals with I/DD and their families. We believe that every person deserves to be treated with compassion, dignity, and care. Each person can make a difference, and we believe that by working together, our vision of a better life can become a reality.

#### Ways to Give

Most of our donations come from people just like YOU: caring, sharing individuals committed to making our community an environment of inclusion.



Select The Arc of Multnomah-Clackamas, and AmazonSmile will donate 0.5% of the price of your eligible purchases to us! AmazonSmile is the same Amazon you know: the same products, same prices, same services. Support us shopping at Smile.Amazon.com



You can earn donations just by shopping with your Fred Meyer Rewards Card! Link it by visiting FredMeyer.com and selecting "The Arc Multnomah/Clackamas" under Community Rewards. You will support us while still receiving Rewards Points, Fuel Points and rebates.



Sign up for an account at bottledropcenters.com, and select "The Arc" as your donation recipient on the fundraising page,. Return your bottles/cans to any drop location listed on the website!

#### **Used Goods Program**

Donations collected by The Arc of Multnomah-Clackamas help fund our programs and services serving the Portland metro area.\*

In 2019, we kept 347 tons of cloth, 140 tons of miscellaneous household items, and 44 tons in books out of the local waste stream! We also recycled 42,143 pounds of scrap metal – a growth of 532% from 2018! – and 2,658 pounds of wire, and processed 24,206 lbs. of electronics as a registered ecycler.

Please see our website for a list of what we can and cannot accept.

Donation Site: 6929 NE Halsey St. Portland, OR 97213 Wednesdays through Sundays 9:00 am - 4:00 pm

\*All donations made to The Arc of Multnomah-Clackamas are tax-deductible.

#### **The Arc Thrift Store**

The Arc opened its very own thrift store in Portland's thriving Montavilla neighborhood in 2021. You'll find gentlyused household items, clothing, and much more at 8304 SE Stark St. Portland, 97216.

# Programs and Services Healthy Lifestyles\*\*

A unique holistic wellness program design by individuals who experience disabilities ages 15+ for individuals who experience disabilities to promote set goals and health outcomes.

#### **NEED Cooking and Nutrition Program**

Nutrition Education and Equity for individuals experiencing intellectual or developmental Disabilities is a 10-week cooking and nutrition course series for folks ages 15+ with I/DD.

#### **Recreation Club/Club Impact\*\***

The Arc Recreation Club is a social group for teenagers (ages 15+) and adults who experience I/DD. We are pleased to offer the Club Impact as well, a Monday night drop-in social club.

#### **Brokerage Support Services**

We offer personal support services to clients ages 18+ re: to housing assistance, community inclusion, skill building, vocational skills training through volunteering, and interest-based recreation activities.

#### **Digital Divide Project**

We have a pilot project to give away iPads to people with I/DD who do no have access to the Internet during the COVID-19 pandemic.

\*\*Available virtually.